

Customised to
your needs!



Bambach® Saddle Seat

BENEFITS AT A GLANCE

- ✓ Keeps the natural posture of your pelvis and spine when sitting
- ✓ Significantly reduces the pressure on your spinal discs
- ✓ Tilt angle and height of top can be adjusted
- ✓ Spine friendly – boost your vitality
- ✓ A lasting and very good investment in your health
- ✓ Many great colours to choose from at no extra cost, special colours included

Give us a call, we are happy to help

Stamp:

Handed out by:

Bambach UK
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London, EN1 1TG.
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www.bambach.co.uk

Order

Saddle Shape

- ☐ Standard ☐ Cutaway
☐ Small ☐ Large

Backrest

- ☐ Small ☐ Large ☐ Smart

Armrest

- ☐ Right ☐ Left
☐ Short ☐ Long ☐ Smart (Long)

My height (please tick):

- ☐ S (up to 1.60 m) ☐ M (up to 1.90 m) ☐ L (over 1.90 m)

Genuine leather



Vinyl (medical grade, soft-feel, breathable)



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GIVE US
A CALL!



Bambach® Saddle Seat

Ergonomic Seating Ingenuity



Small



Video

The Bambach® Saddle Seat can be put into the required working position by adjusting the height and the **angle of inclination**.



What is the **ADVANTAGE** of a Bambach® Saddle Seat over conventional chairs?

A flat seat or a look-alike saddle seat without back curvature makes it harder for the spine to keep its natural "S" posture. Studies on conventional seats have shown that sitting in a bended posture causes similar intervertebral disc pressure as lifting heavy weights, whereas sitting on the Bambach Saddle Seat matches the intervertebral pressure of a standing posture. A lasting relief for your back – you will notice the difference!

The Bambach® Story

The Australian Occupational Therapist and passionate rider, Mary Gale, studied the phenomenon that patients with physical impairments who were unable to sit on a chair, would sit in an upright position on a horse without the need of any help. Her extensive research proved that sitting on a saddle seat with back curvature forces the spine's natural "S" posture. Since 1988 the Bambach Saddle Seat has been continuously improved and evaluated positively in many studies.



Optimal ergonomic posture

When sitting in an optimal ergonomic posture, the head is in an upright position above the back, the elbows are sideways at a 90° angle, the hips are slightly higher than the knees and the feet are flat on the floor. Additionally, the back of the seat should support the curve of the back, for example by having a curvature.

After only a few days, someone who has an ergonomically correct posture when sitting, will notice that their typical neck and shoulder pain will reduce considerably or even disappear completely.

Improved posture not only has a positive effect on your health, but can also increase your productivity and the quality of your work.



The solution – Bambach® Saddle Seat

Thanks to its patented back curvature, the Bambach Saddle Seat is the only seat that ideally supports your pelvis, allowing your spine to keep its natural "S" shape. While this avoids a poor sitting posture, you benefit from a natural, healthy posture.



✓ Home-Office



✓ Tattoo studio



✓ Hobby and leisure



✓ Hospital